

Stone Energies

- **Agate** Rebalances and harmonizes body, mind and spirit. Cleanses and stabilises the aura
- **Amazonite** A soothing stone. It calms the brain and nervous system and aids in maintaining optimum health
- **Blue Iolite** A vision stone. Clears thought forms, opening intuition
- **Botanical Moss Agate** New beginnings. Refreshes the soul and enables you to see beauty in all you behold
- **Dumortierite** Helps to bring calm, relaxation, and harmony
- **Jasper** Sustains and supports through times of stress, and brings tranquility and wholeness
- **Lapis Lazuli** Protection against psychic attacks, Quickly releases stress, bringing deep peace
- **Malachite** Absorbs negative energies and pollutants, clears and activates the chakras
- **Moonstone** Inner growth and strength. It soothes emotional instability and stress
- **Pearl** Signifies faith, charity and innocence. Enhances personal integrity and helps to provide a focus to ones attention
- **Pink Turmaline** Aids in understanding oneself and others. Promotes self-confidence and diminishes fear
- **Sapphire** The "wisdom stone", Releases mental tension, depression, unwanted thoughts and spiritual confusion
- **Smoky Quartz** An excellent grounding stone. Neutralises negative vibrations and is detoxifying on all levels
- **Tanzanite** Activates our psychic abilities and vibratory rate, facilitating communication with the higher spiritual dimensions
- **Turquoise** A purification stone. Dispels negative energy
- **Unakite** A stone of vision. Balances emotions with spirituality